



## EIU SPRING SWIM LESSONS

TIME TO TEACH OR EXPAND YOUR CHILD SWIM KNOWLEDGE BEFORE SUMMER IS HERE

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**DATE:** MARCH 20<sup>TH</sup>-APRIL 12<sup>TH</sup> TUESDAY, WEDNESDAY, THURSDAY

**TIME:** 5PM-6PM

**AGE:** 4-12 YEARS OLD

PER NCAA RULES, CHILD MAY NOT HAVE BEGUN CLASSES FOR THE 9<sup>TH</sup> GRADE.

**LOCATION:** EASTERN ILLINOIS UNIVERSITY  
RAY PADOVAN POOL, CHARLESTON IL

Children will be in small groups, based on skill level lead by Division 1-college swimmers. Our goal educate children about water safety, make them comfortable in the water and strengthen their ability to swim. We will be using in water, and on pool deck techniques to enhance the relationship they have with the water.

Email Head Swim Coach Jacqueline Michalski at [Jmichalski@eiu.edu](mailto:Jmichalski@eiu.edu) to registered child. Cost will be \$55.00 per week, which includes 3 one-hour long sessions. Any questions feel free to call Coach at 217-549-0139.



FOR MORE INFORMATION CONTACT: JACQUELINE MICHALSKI @217-549-0139